

Training Above The Clouds September 2004

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Russian Martial Art - SYSTEMA - Clip from mountain seminar in Serbia: Knife and spade work

{youtube}UiZGkhXhnck{/youtube}

Clip from mountain seminar in Serbia: Ground engagement and moving

{youtube}oEWzrogninA{/youtube}

Clip from mountain seminar in Serbia: Ground engagement and moving

{youtube}sBWj7Kb4KFQ{/youtube}

Clip from mountain seminar in Serbia: Mass attack drill

{youtube}ayNa96_1Vn0{/youtube}

Clip from mountain seminar in Serbia: Multiple attackers drill

{youtube}MLZYRBjIjIQ{/youtube}